

# **ALBANY COUNSELING SERVICE STAFF**

## **PETER MINUCCI, JR., CSW, M.ED, BCD**

Peter has over twenty-five years experience working in the field of social work, specializing in individual, couples and family psychotherapy. He is trained in psychodynamic approaches and family systems approaches, Cognitive-Behavioral therapy, as well as hypnotherapy. He has worked in outpatient and inpatient settings and he is a Board Certified Clinical Social Worker and a Certified School Social Worker. His interests are in utilizing psychotherapy as an adjunct to spiritual practice, family practice and mental health in church settings. He has worked as the Executive Director for the Episcopal Counseling Service for 15 years.

## **KATE DAHLSTEDT, MA**

Kate has over twenty years experience practicing psychotherapy with children and adults. She is a graduate of the Hartford Family Institute and a trained Gestalt therapist. Her interest is in women's issues and working with young adults.

## **KIM PANARO, CSW**

Kim has over 20 years working with children and families. She holds degrees in both social work and religious studies, and has extensive experience as a psychotherapist in the areas of eating disorders, substance abuse, trauma, grief and depression. She is also a Certified School Social Worker experienced with special education and school consultation.

## **ELLEN ELTING, CSW**

Ellen has over 15 years experience working with couples and families, specializing in the areas of sexual and physical abuse. She has worked in out-patient settings, family prevention programs, and in residential treatment centers.

## **CONSULTANT:**

### **DEBRA REYNOLDS, MS, CAS**

Debra has been working as a school psychologist and educational consultant for twenty years. She holds a masters degree in educational psychology and a certificate of advanced study in school psychology. Her interests are in the assessment of learning disabilities and aspergers syndrome and in school-based consultation.