

PROGRAM DESCRIPTION

A comprehensive program sponsored by the Episcopal Counseling Service designed to address the multiple needs of children and teens and their families struggling with social, emotional and behavioral challenges. The goal to create conditions needed for optimal emotional health.

SERVICES AVAILABLE

- INDIVIDUAL PSYCHOTHERAPY
- PLAY THERAPY
- FAMILY PSYCHOTHERAPY
- PARENT SUPPORT GROUPS
- SCHOOL CONSULTATION
- PSYCHO-EDUCATIONAL ASSESSMENT
- PASTORAL COUNSELING

The Healthy child program is designed to provide help in addressing a wide array of challenges throughout a child's environment. (family, school, peers). Our approach is based on the belief that children and teens are embedded in powerful systems of human interaction that create, shape and influence your child's social, emotional and spiritual health.

Through careful assessment and comprehensive intervention, entrenched patterns of unhealthy behavior

can be reversed!

116 South Lake Avenue

Albany, NY 12208

For more information regarding participation in *The Healthy Child Program* please call our Albany office at:

Episcopal Counseling Service

**116 South Lake Ave
Albany, NY 12208**

**Phone: 518-465-8728
Fax: 518-436-3576
Email:**